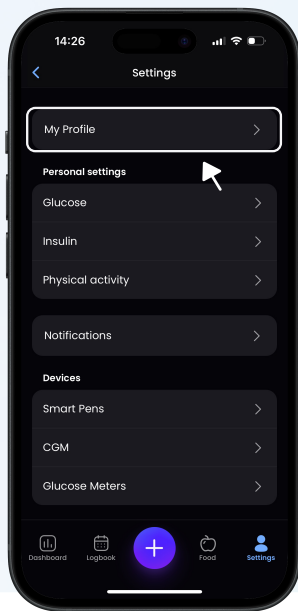


HOW TO

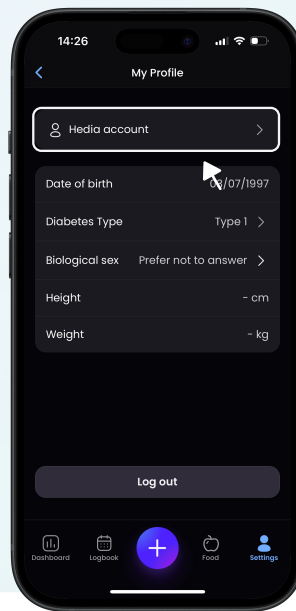
Understand and change setting

Settings

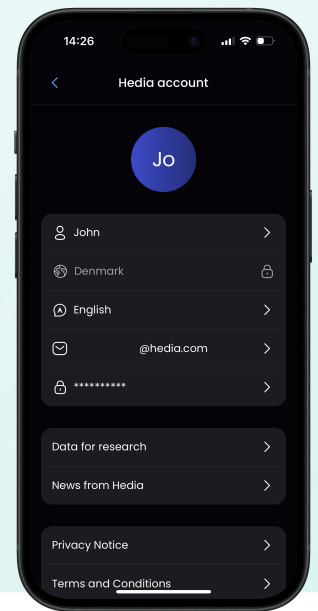
My profile



Tab 'My Profile'.

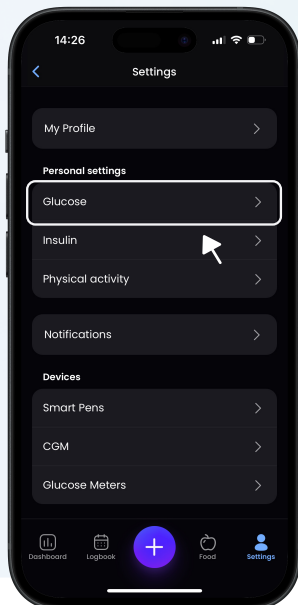


Here you see date of birth, diabetes type, Biological sex, height and weight

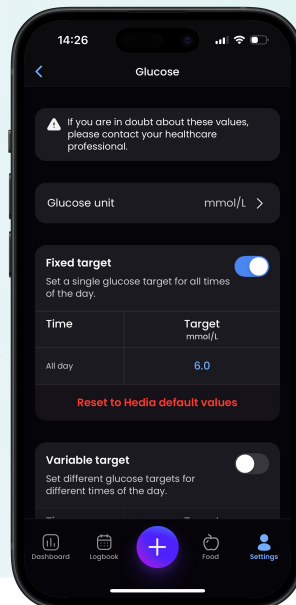


Under 'Account' you find your name, email, password, language, and country

Glucose settings

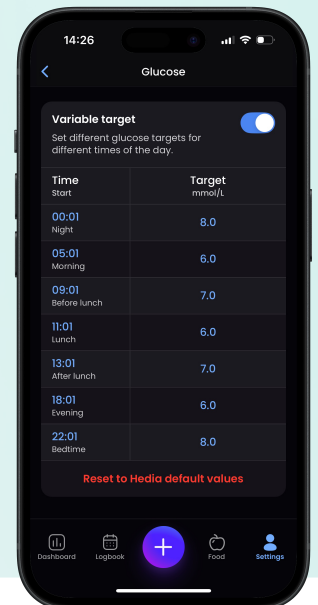


Tab 'Glucose'.



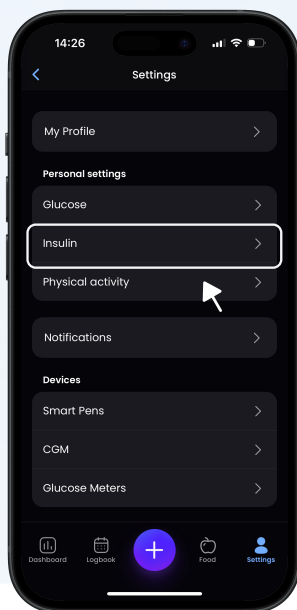
Glucose unit can be set to either mmol/L or mg/dL

'Fixed target': Your glucose target is the same throughout the day.

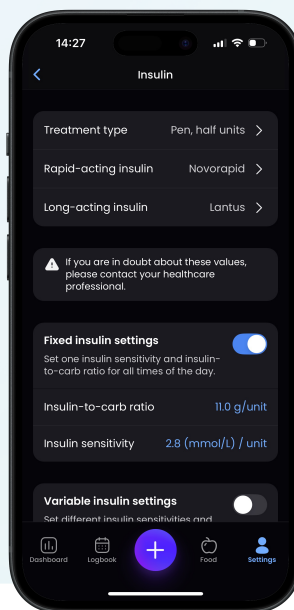


'Variable target': Choose specific glucose targets for specific time periods of the day.

Insulin settings

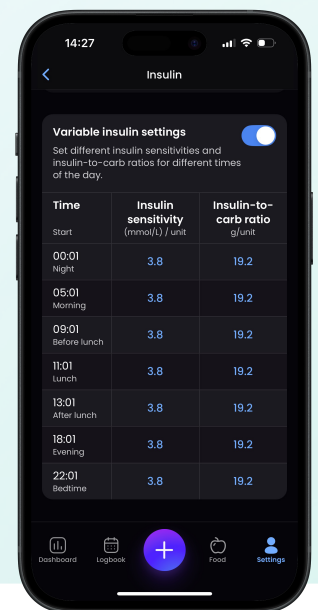


Tab 'Insulin'.



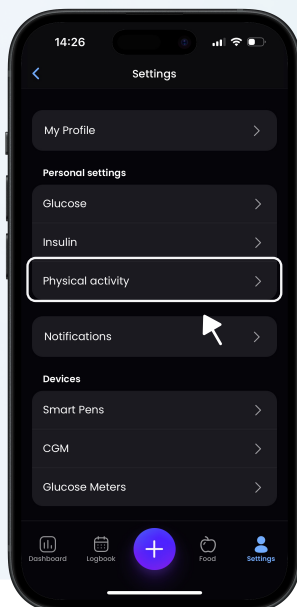
View and edit Treatment type:

'Fixed insulin settings':
Your 'Insulin-to-carb ratio' and
'Insulin sensitivity' remain the same
throughout the day.

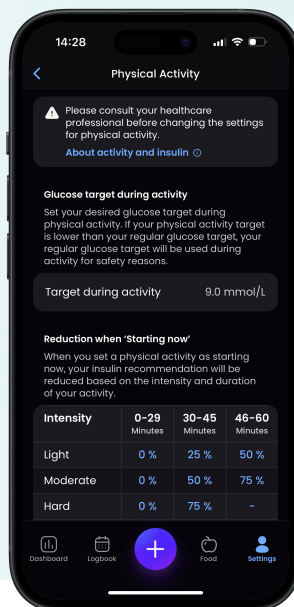


Variable insulin settings:
Choose specific 'Insulin-to-carb
ratio' and 'Insulin sensitivity', for
specific time periods of the day.

Physical activity settings



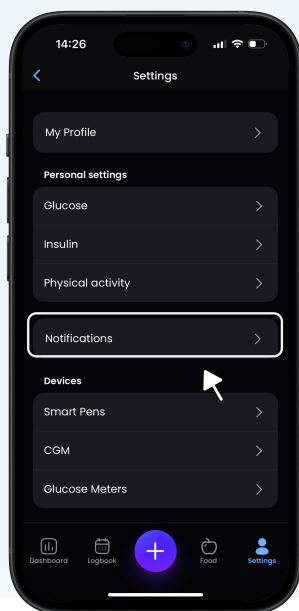
Tab 'Physical activity'.



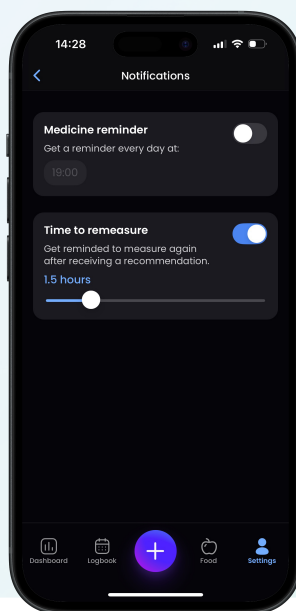
Change your desired glucose target
during Physical Activity.

For 'Starting now' and 'Just finished'
- change reduction percentage
depending on duration and
intensity.

Notifications



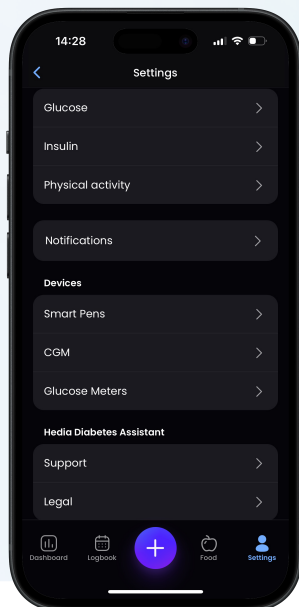
Tab 'Notifications'.



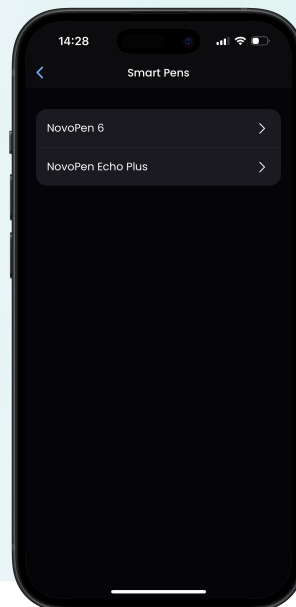
"Medicine reminder":
Daily reminder to take your medicine, set to an individually chosen time.

"Time to remeasure":
Remeasure glucose between half an hour and 6 hours after recommendation is provided.

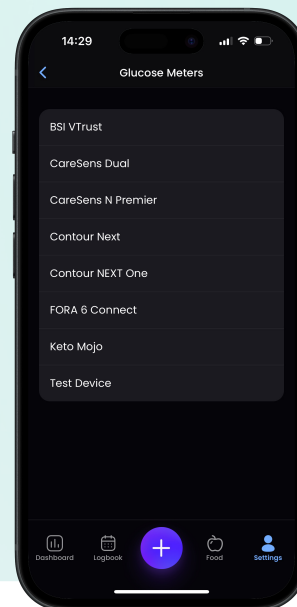
Devices



Connect to Smart Pens and Glucose Meters.
(Device availability may vary depending on region and platform).

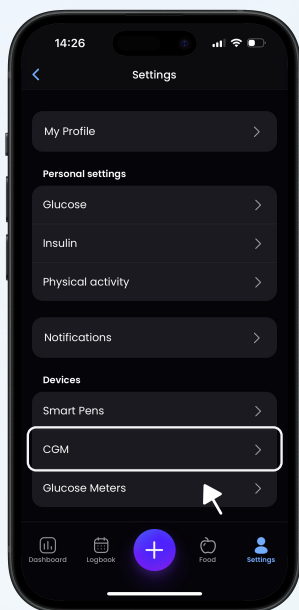


Connect with Smart Pens.

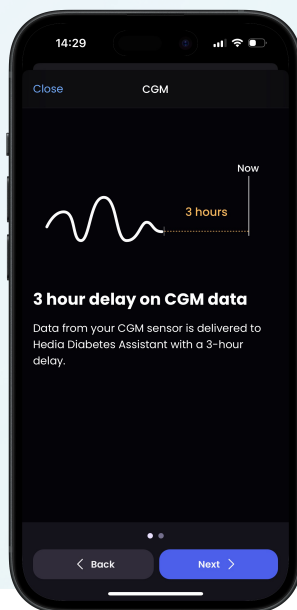


Connect with Glucose Meters

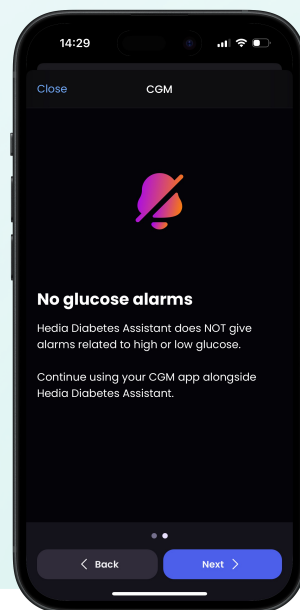
Dexcom



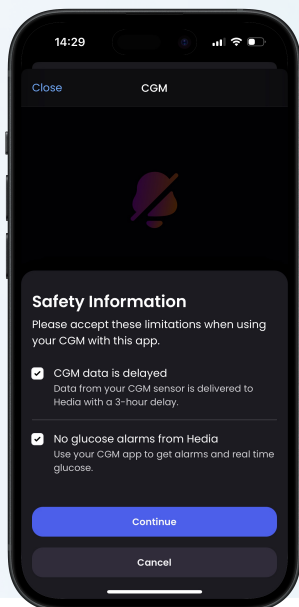
Connect with Dexcom CGM



Data from your CGM sensor is delivered to Hedia Diabetes Assistant with a 3-hour delay.



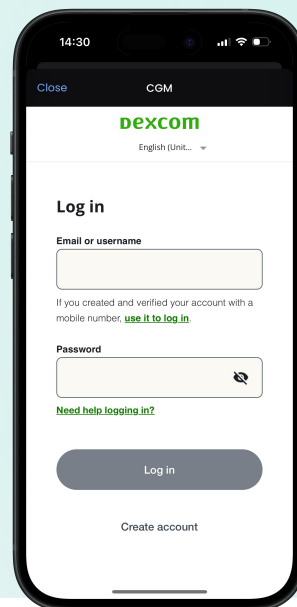
Hedia Diabetes Assistant does NOT give alarms related to high or low glucose.



Read and accept the 'Safety Information'.

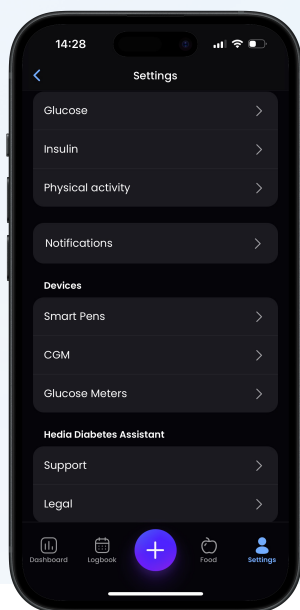


A Tab 'connect with Dexcom'

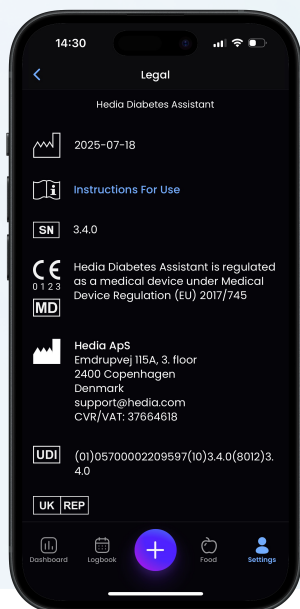
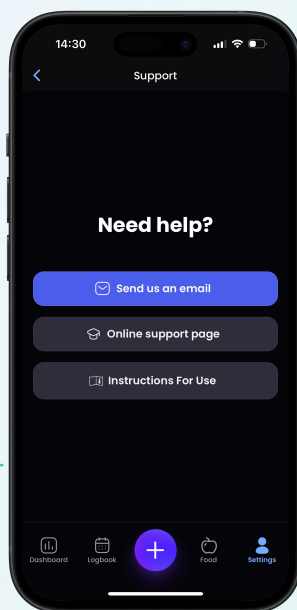


Connect to you Dexcom account.

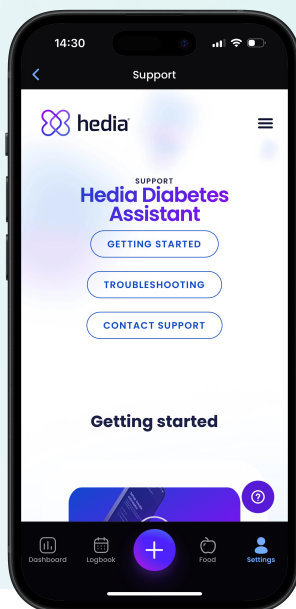
Hedia Assistant Diabetes



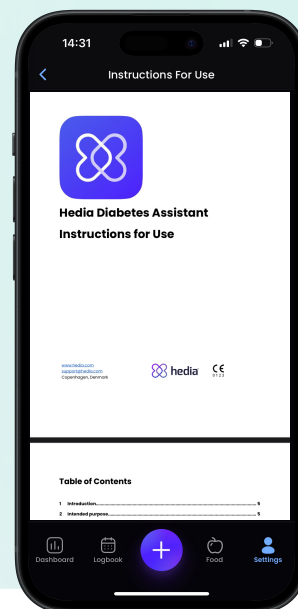
Help, Legal Notice.



Legal:
See details about the manufacturer, production date and regulatory information



Go to the online support page.



Instructions For Use:
Comprehensive written user manual